



44090



Description

"Device functions: It strengthens the back and spine muscles. It helps to maintain the correct upright posture.

Method of use: Lean your hips on the bench face down. Lean the legs on the bar. Cross your hands on the chest. Down and lift your thorax smoothly, slowly and fully."

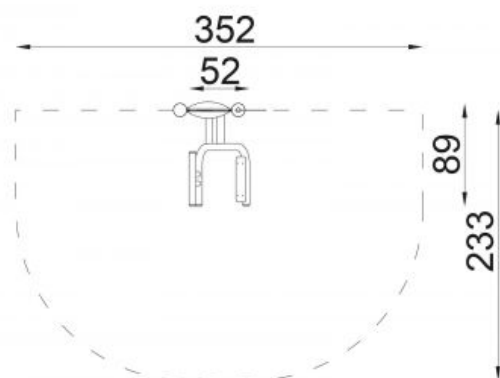
Model type
Serial number
Equipment name

Solitaire
44090
Back Trainer

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Back Trainer



Product line	Action Outdoor Fitness Solitaire
Age range	10 - 99
Unit measurements	62cm x 89cm x 205cm
Required surface area	350cm x 235cm
Impact area	8.5m ²
Free height of fall	0cm
Material	Powder coated zinc layer steel. Pole is made of a steel tubes diameter 114 mm. Holders and other tube elements are made of steel tube diameter 40 mm, 3,2 mm thickness. Seats: weather resistant HDPE. Pedals: stainless steel.
Heaviest part	0kg
Largest part	0cm - 0cm
Spare parts	Available
Installation time without grondwork	2 hour(s) / 2 person(s)
Special tools	Included
Anchoring	Equipment will be installed 30 cm under ground level on a concrete foundation. Extra concrete is needed for more stability.
Remarks	Pylon (basic element) can be used for second device.

