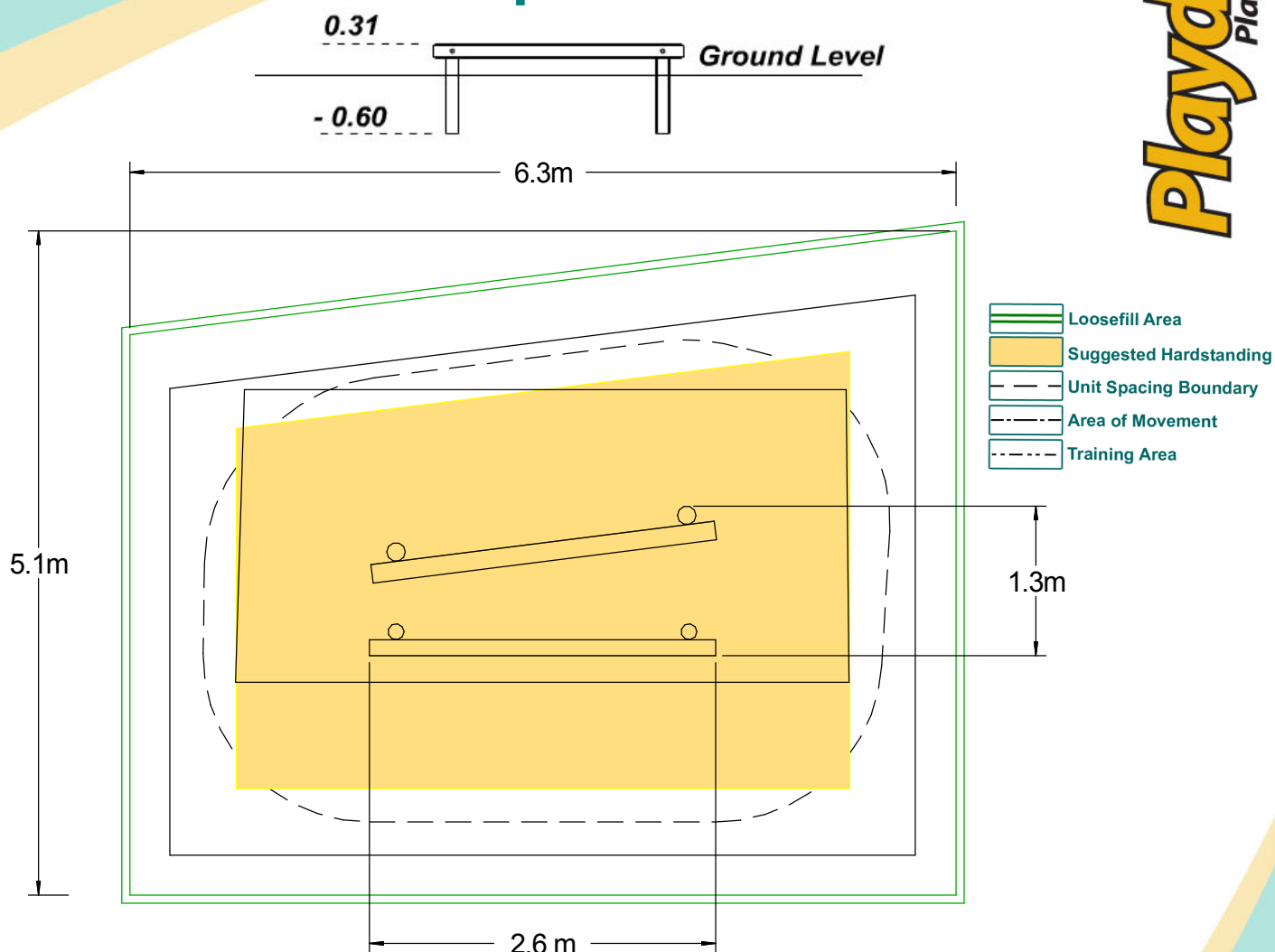


# Trim Trail – Sit Ups



## Technical Information

### Equipment Dimensions

Length / Width / Height	2.6m x 1.3m x 0.3m
Surfacing and Area Required	
Minimum Space Required L/W/H	6.3m x 5.1m x 2.9m
Max Gradient of Ground	1 in 30
Free Height of Fall	0.3m
Impact Area	13.81m <sup>2</sup>
Loosefill at 250mm	4m <sup>3</sup>
Bark / Cushionfall / Sand	
Grasslok Tiles	n/a

### Installation Information

Overall Weight	96kg
Heaviest Part	32kg
Largest Part	2.6m x 0.14m
Longest Part	2.6m
Concrete Required	0.15m <sup>3</sup>

Suitable for users aged + 14yrs old, measuring at least 1.40m in height.